

The UK Dementia Congress



Programme

Aston University, Birmingham
7-8 November 2023

Main Sponsor



Congress Partner



Academic Partner



Bronze Sponsor



Programme may be subject to change due to circumstances beyond our control.

Tuesday 7 November

08:30 – 09.45 Conference registration

Opening Plenary Session – Conference Room 1

9.40-9.50

Welcome and housekeeping: Dementia Publishing Community Benefit Society
Welcome from Professor Graham Stokes on behalf of our Main Sponsor, HC-One
Equality, Diversity and Inclusion – our challenge: Karan Jutlla, University of
Wolverhampton

9.50-10.10 Welcome from our Academic Partner, Association for Dementia
Studies, University of Worcester. Director Dr Shirley Evans and students, tbc.

10.10-10.30 Chair's introduction: Tim Baverstock, Head of Local Systems
Influencing, Alzheimer's Society, including an overview of the outline strategic
framework for the forthcoming Major Conditions Strategy (MCS) for England.

10.30-11.20 People living with dementia, and carers from tide (together in
dementia everyday) - featuring a video prepared by Experts by Experience at the
University of Bradford, with Clare Mason and Danielle Jones.

11.20-11.50 Refreshments.

Masked actors from Vamos Theatre company will join us in breaks throughout
the day.

11.50-13.00 Parallel sessions 1:

**Parallel 1.1 Room 139 Association for Dementia Studies, University of
Worcester**

Meeting Centres: National Strategies, Perspectives and Developments
Symposium led by Dr Shirley Evans, Graham Galloway and Deborah Gerrard

Parallel 1.2 Room 135/137

Chair: Toby Williamson, independent consultant

Co-production and involvement. Four presentations in this session

**Finding new pathways in dementia education; co-creating a dementia
education programme with people with dementia.** Grant Gibson, University of
Stirling

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Experts by Experience: Co-creation of a Masters module. Clare Mason, Assistant Professor, Dementia Care Trainer, Experts by Experience/Patient & Public Involvement Lead, University of Bradford, Dr Danielle Jones, Associate Professor, University of Bradford and colleagues from the Experts by Experience group.

Evaluating and improving the involvement of people with lived experience of dementia as expert advisers on research projects. Rachael Kelley, Leeds Beckett University

Understanding effective PPIE to ensure best research practice: lessons learned from the collaborative co-design of a complex intervention to improve sleep disturbance for people living with dementia and mild cognitive impairment (TIMES) Dr Jayden van Horik, University of Exeter

Parallel 1.3 Conference Room 1

Care homes, Staff development. Four presentations in this session
Chair: Claire Surr, Leeds Beckett University

Innovations in care and culture -The Montessori Way, using Dementia Care Coaches

Lynne Phair, independent consultant nurse, Kara Gratton, Milford Care, Kirsty Swift, Milford Care

Recovery, Empowerment and Collaboration - Rebuilding Care Culture post COVID-19

Stuart Wright, Dementia Care Lead, Brunelcare

Experiential learning: An evaluation of a dementia training approach in a national care organisation

Graham Brittain, National Dementia Lead, Four Seasons Healthcare Group

Alive Activities and Bristol Care Homes – culture change and living well with dementia through close partnership working. Nicola Taylor, Alive Activities and Richard Crocker, Bristol Care Homes

Parallel 1.4 Early support. Room 127 Three presentations in this session

Chair: Isobel Jones, Alive

“Working out my brain!”: Cognitive Stimulation Therapy in the context of a museum collection

Zoë Gilmour and Sam Curtis, Resonate Arts

Smart Home Technology, AI and the future of digitally enabled care. Sarah Daniels and Joanna James, Imperial College London NHS Trust

Living well with dementia: working with the Living with Dementia Toolkit
Reinhard Guss, Oxleas NHS Foundation Trust

13.00-14.00 Lunch

13.20-13.50 Lunchtime performance (Conference Room 1):

INEPT (Intergenerational Neurological Educational Prevention Trial): The Importance of Brain Health Across the Life Course. A short, satirical performance showing some of the great, and not so great ways humans can support their own brain health. Delivered by award winning director and comedian Kit Green and the INEPT Team. Funded by an Alzheimer's Research UK Inspire Award.

13.20-13.50 Lunchtime session. Room 139.

Care Homes doing it for themselves: fun and findings from three action research projects. Hallmark Care Homes: Isabelle Latham (Researcher in Residence) Kirsty Thomas and Kelly Sheeran

13.20-13.50 Lunchtime session. Room 127.

Cognitive Stimulation Therapy at the V&A: drop-in session with Resonate Arts Join artist Zoë Gilmour and experts by experience for a hands-on session to find out more about museum-based Cognitive Stimulation Therapy. We will be using a range of handling objects, some from the V&A collection, to guide you through sample activities. There will be opportunities to look at session plans, share practice and discuss ideas for working in different contexts. Chair: Sam Curtis, Resonate Arts

14.00-15.00 Afternoon Plenary Session. Conference Room 1

Question Time Panel of experts

Chair: Graham Stokes, HC-One. Panel to Include: Paul Edwards, Dementia UK; Mark MacDonald, Alzheimer's Society; Dr Karan Jutlla, University of Wolverhampton, Professor Jill Manthorpe, Kings College London, Susan Mitchell, Alzheimer's Research UK; Susan Mitchell, Alzheimer's Research UK; Keith Oliver, living with dementia.

An evaluation of non-pharmacological prescribing in a Care Home Liaison service

Joanna Marshall and Susannah Thwaites, Tees, Esk and Wear Valleys NHS Foundation Trust

15.10-16.20 Parallel sessions 2

Parallel 2.1 Room 139

Alzheimer's Society session

Making Integrated Care work for people living with dementia

Presentations and discussion (all speakers and chair are from Alzheimer's Society)

Chair: Colin Capper, Associate Director of Evidence and Involvement.

Working across sector boundaries to improve integration of dementia care in London.

Luke Symons, Local Systems Influencing Officer.

What makes integrated care work- findings of a feasibility study.

Emily Alderton- Evaluation Officer.

Pathways of Care in Norfolk and Waveney, partnerships and outcomes.

Debbie Foster - Regional Manager East of England.

Preparing for disease modifying treatments across the Midlands.

Tracy Hyden, Integrated Care Insights Lead.

Parallel 2.2 Room 135/137

Learning disability and dementia

Chair: Sally Knocker, Meaningful Care Matters

Navigating the world of dementia when you're living with a learning disability.

Rosie Joustra and Nicola Payne, MacIntyre

Empowering carers of people with a learning disability and dementia; a supportive training package.

Saff Davies, Community Learning Disability Nurse, Herefordshire & Worcestershire Health & Care NHS Trust

Learning disability and dementia – supporting transition into a care home

Lynn Flannigan, Healthcare Improvement Scotland

Parallel 2.3 Conference Room 1

Care homes: complex needs

Chair: Suzanne Mumford, Care UK

Breaking the mould. A therapeutic community for people with dementia presenting with complex needs and behaviours of concern. Graham Stokes and Tracey Carter, HC-One, James Ridley and Natasha Wilson, Dementia Care Managers, HC-One.

Reducing psychoactive medication use in people living with dementia

Katy Jenks, dementia care manager, HC-One and David Marshall, Care Inspectorate Scotland

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An evaluation of non-pharmacological prescribing in a Care Home Liaison service

Joanna Marshall and Susannah Thwaites, Tees, Esk and Wear Valleys NHS Foundation Trust

Parallel 2.4 Room 127

Workshop: Dementia Voices in the driving seat of groups, research and support - DEEP, Dementia Enquirers and Knowledge is Power. Rachael Litherland and Rachel Niblock with representatives from the DEEP Network.

16.20-16.50 Refreshments

16.50-18.00 Parallel sessions 3

Parallel 3.1 Room 139

Carers and families. Four presentations in this session

Chair: Ruth Eley, tide

Crossing the Line: a co-production approach to developing resources to support family carers providing personal care. Shirley Evans, Association for Dementia Studies, University of Worcester and Sue Briggs, carer and PPI lead.

Empowered Conversations: Evidence and Experience. Lydia Morris, University of Manchester

Implementation of a carer quality of life measure (SIDE CAR) in dementia carer support organisations: preliminary findings. Samantha Wilson, University of Bradford

Psychological intervention in Capgras Syndrome - a collaboration

Reinhard Guss, Oxleas NHS Foundation Trust with Christine & Christopher Mills, and Rihana Bano, City University of London and Oxleas NHS Trust

Parallel 3.2 Room 135/137

Chair: Tracey Carter, HC-One

The challenge of pain: A workshop to share experience and learn more about identifying, assessing and responding to pain-related conditions in people living with dementia.

Jackie Pool, QCS and Tandeep Gill, PainChek

Parallel 3.3 Conference Room 1

Care homes – Quality improvement. Four presentations in this session

Chair: Tanya Clover, Porthaven Care Homes

Care Homes doing it for themselves: the promise of researching in residence.

Hallmark Care Homes: Isabelle Latham (Researcher in Residence) Kirsty Thomas and Kelly Sheeran (Bucklesham Grange Care Home).

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The impact of integrated intergenerational living on dementia care

Caroline Baker, Belong Ltd; Sue Egersdorff and Liz Ludden, Ready Generations (Nursery)

Empowering Meaningful Visits: The NAPA Project Funded by the National Lottery. Natalie Ravenscroft, NAPA

A dementia friendly lived experience care home audit – a ‘how to’ guide

Toby Williamson, independent consultant, Emma Hewat, KYN and Chris Maddocks, living with dementia

Parallel 3.4 Room 127

Post-diagnostic support. Three presentations in this session

Chair: Damian Murphy, Innovations in Dementia

London Dementia Framework – a pilot program leading to an ICS-level commissioning framework for annual health checks to prevent crises and enhance support. Ben Williams, Care City, with UCLP & London Dementia Clinical Network

Piloting and evaluating the delivery of LivDem courses in Dementia Meeting Centres

Dr Emily Dodd, University of the West of England and Louise Spencer, Alive.

Dementia care and living well - Sage House, the integrated hub model.

Charlotte Carp, Dementia Support.

18.00

Drinks reception sponsored by the Joseph Levy Foundation, to launch the new book:

Sailing into uncharted waters: The story behind Admiral Nursing

Day 2 Wed 8 November

8.45-9.45 Early bird sessions

EB 1: 8.45-9.45 Room 135/137

“Why should I care about brain health?”: A deep dive into brain health and risk factors for dementia. Reviewing research on dementia risk and prevention across the life course, focusing on young adult brain health. Informed by research conducted by the Next Generation Brain Health Programme, with Dr Laura Booi, Centre for Dementia Research, Leeds Beckett University. Chair: Joanna James, Imperial College London NHS Trust

EB 2: 8.45-9.45 Room 127

Food for life! How can we create a ‘food for life’ story of individual preferences of people’s food and drink which connect with cultural identity and happy memories, people, places and events? A workshop to get you thinking about your own food story and how we can do more to find this out for those we support, run by Sally Knocker, Meaningful Care Matters. Chair: Tanya Clover, Porthaven Care Homes

10.00-11.00 Plenary session: Conference Room 1

Welcome and introduction

The Tom Kitwood Memorial Address

Chair: Shirley Evans, Association for Dementia Studies, University of Worcester

Dementia training and education: the magic wand of dementia care?

Claire Surr, Professor of Dementia Studies, Leeds Beckett University

11.00-11.30 Refreshments Conference Room 1

(including book launch for Open University Press)

11.30-12.45 Parallel sessions 4

Parallel 4.1 Room 139

Alzheimer’s Society session

Chair: Alex Keramidas (Alzheimer’s Society Head of Safeguarding)

From reaction to prevention - learning from the development of safeguarding at a national charity. Amy Barratt (Quality Safeguarding Officer).

Self-neglect, putting the person first. Bronte Heath (Senior Research Evidence Officer)

Walking and dementia, balancing safety and independence. Angelo Makri (Senior Knowledge Officer).

Missing people with dementia, prevention and successful returns. Phil Atkins (Medic Alert) and Fiona Didcock (Thames Valley Police)

Parallel 4.2 Room 135/137

Arts and technology. Four presentations in this session

Chair: Hilary Woodhead, NAPA

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Enhancing Lives: NAPA Arts in Care Homes - A five-year journey. Alison Teader, Programme Director, Arts in Care Homes, NAPA.

Co-designing new creative musical devices for people living with dementia.

Jennifer MacRitchie and Justin Christensen, University of Sheffield.

Using online platforms to encourage engagement with heritage-based resources.

Jennifer Bray, Association for Dementia Studies, University of Worcester.

How can Fine Art be embedded into Meeting Centres and can this further alleviate symptoms associated with dementia? Gemma Moore, artist, University of Worcester

Parallel 4.3 Conference Room 1

Daily life, care and comfort. Four presentations in this session

Chair: Dawn Brooker, University of Worcester

Collaborative assistance with eating: Teepa Snow's hand-under-hand technique

Beth Nolan, Positive Approach to Care and Annar Neallani Mangalji

Devonshire Dementia Care Home & Day Centre

The power of a HUG: implementation of assistive technology across a health board.

Jac Fennell

A good night's sleep? Managing sleep disturbance in dementia – practical tips and solutions

Rachael Webb, Admiral Nurse and Rachel Thompson, Consultant Admiral Nurse, Lewy Body Dementia, Dementia UK

The Hearwell Project - Identifying and addressing reversible hearing loss for people living with dementia in care homes. Suzanne Mumford, Head of Nursing, Care & Dementia, Care UK and Natalia Stan, Deputy Manager, Milner House Care Home, Care UK

Parallel 4.4 Room 127

Equality, Diversity and Inclusion

Chair: David Truswell

Workshop discussion introduced by Karan Jutla, who will highlight the importance of co-production and invite participants to consider how culturally inclusive care can be achieved via a person-centred approach.

12.45-13.45 Lunch

13.05-13.35 Lunchtime performance (Conference Room 1)

'Our Dementia Choir' will perform in the Conference Room 1. The choir began as part of a documentary created for BBC1 in 2018, with acclaimed actress Vicky McClure. They took part in ground-breaking scientific studies to measure their emotional and physical responses to singing over three months of regular sessions, and have continued to meet and sing and showcase exceptional performances including the National Television Awards at the O2 this year.

Kindly sponsored by Tympa Health. Chair: Victoria Smith, Dementia Pathfinders

Lunchtime film showing 13.05-13.35 Room 127

Still: Paul Smethurst of Gecko with Magic Me's Emily Bird, Project Manager and Sally Knocker, Associate Trainer, will introduce a showing of the short film 'Still'. Produced by Gecko as part of Magic Me's Artists Residencies in Care Homes programme, Still takes viewers on an emotional journey through different worlds inspired by residents. It shows the wonderful possibilities of co-created work between performers and residents, some living with various stages of dementia.

Lunchtime session 13.05-13.35 Room 139

Two presentations:

Developing an App version of the Enhancing the Healing Environment assessment tools.

Sarah Waller and Jennifer Bray, Association for Dementia Studies, University of Worcester.

Beyond Walls: Creating Equal, Inclusive, and Dementia-Friendly Environments through an Architectural Assessment Tool. Tahere Golgolnia, Technische Universität Dresden.

13.45 -15.00 Parallel sessions 5

Parallel 5.1 Room 139

Association for Dementia Studies, University of Worcester

Leisure and everyday life with dementia

Symposium led by Dr Chris Russell and Dr Becky Oatley

Parallel 5.2

Acute hospital care. Room 135/137

Four presentations in this session

Chair: Joanna James, Imperial College London NHS Trust

Co-designing from lived experience to support new resources for Constant Observation practice in acute hospitals - the CONNECT study. Nicky Taylor, Leeds Beckett University.

Reducing stress and distress through improved person-centred care planning in hospitals. Marie Innes, Healthcare Improvement Scotland

Developing the evidence base for dementia training in acute NHS hospitals: a programme theory infographic. Professor Siobhan Reilly, Centre Applied Dementia Studies, University of Bradford

Exploring the acute cancer care experiences of people living with dementia. Rebecca Platt, Leeds Beckett University

Parallel 5.3 Conference Room 1

Care homes – advanced dementia and end of life care. Four presentations in this session

Chair: Isabelle Latham, Hallmark Care Homes

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Namaste – equipping both staff and families with skills to connect and re-connect with residents

Ruth Easton, Brunelcare

Best interests decisions for people with advanced dementia

Jayne Murphy, Aston University

Advance Care Planning for people living with dementia and their carers

Jeanette Hogg, Lead Admiral Nurse, Hospice Isle of Man

The power of musical preferences in end-of-life dementia care to maintain feelings of selfhood: A case study. Fiona Pritchard, Colten Care

Parallel 5.4 Room 127

Primary care and early support. Three presentations in this session

Chair: Rachel Thompson, Dementia UK

Long-term condition reviews in general practice: The experiences of people living with dementia and informal carers. Jennifer Cole, Academic GP, Attleborough Surgery and University of East Anglia

A Dementia Enquirers Review of Annual Dementia Reviews in Primary Care

George Rook, DEEP group facilitator and chair of Shropshire, Telford and Wrekin Dementia Steering Group

Pri-Dem: Primary care-led post diagnostic dementia care: developing evidence-based, person-centred sustainable models for future care. Report on this major research project and how post-diagnostic care can be improved. Marie Poole, University of Newcastle.

15.00-15.30 Refreshments

15.30-16.40 Parallel sessions 6

Parallel 6.1 Room 139

Workshop discussion in two parts:

Fighting for Occupational Justice for people living with dementia

This session will explore how the concept of Occupational Justice applies to the lived experience of people with dementia in care homes in order to experience well-being, no matter what their level or type of cognitive difficulty. Jackie Pool, Dementia Care Champion, QCS.

Are we getting our priorities right?

Do the jobs that take up the majority of our time in care homes matter most to those living with dementia and their families? We invite discussion on whether we are confident we are matching values to actions. Sally Knocker, Meaningful Care Matters.

Parallel 6.2 Room 135/137

Community support and young onset dementia

Chair: Jan Oyeboode, Young Dementia Network

Four presentations in this session

Perimenopause, menopause and young onset dementia. Jules Knight, Consultant Admiral Nurse for Young Onset Dementia, Dementia UK

Trauma-informed practice in dementia care – learning from a National Education Programme – Victoria Thomson, NHS Education for Scotland

What can help or hinder community support groups in keeping going long-term
Thomas Morton, University of Worcester

‘I felt like I belonged somewhere’: Extra care housing for people with dementia.
Teresa Atkinson, Association for Dementia Studies, University of Worcester

Parallel 6.3 Conference Room 1

Care homes: arts and activity. Three presentations in this session

Chair: Hilary Woodhead, NAPA

Engagement of people with dementia in care homes with digital technologies: A mixed methods study

Michelle Heward, Bournemouth University

‘How does your garden grow?’ - Your garden as a mirror to person-centred care
Debbie Carroll Step Change Design Ltd.

The Wishing Washing Line West - Agency and choice at the heart of care
Isobel Jones, Alive

Parallel 6.4 Room 127

‘The pen is mightier.’ Three presentations in this session

Chair: Reinhard Guss, Oxleas NHS Foundation Trust

Equality, Diversity and Inclusion: how we created the Special Issue of the Journal of Dementia Care. Lucy Whitman and David Truswell

How can books change the world of dementia care and support? Dawn Brooker, Professor Emerita, University of Worcester and Keith Oliver - Coeditors of the Reconsidering Dementia book series.

Let’s Talk About Dementia: Developing Guidelines for Dementia in the Media on Language and Images Emma Hewat, KYN; Philly Hare, Innovations in Dementia; Dory Davies and George Rook, living with dementia

16.40 Close