

# The 18th UK Dementia Congress

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# Daily Sparkle®

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26-27 November 2024  
Coventry Building Society Arena

Tuesday 26 November  
Registration from 8.00am

## **HALL 5** 10.00-11.30 OPENING PLENARY SESSION

Welcome and introduction (Dementia Community and Jon Slorer, **Sensio**)

Introduction by *Dr Mary O'Malley, University of Worcester*

Presentation: Reading Well for dementia – Co-production in action.

*Gemma Jolly, The Reading Agency; Rachael Litherland, Innovations in Dementia; Ruth Eley, Together in Dementia Everyday, experts by experience (people living with dementia and family carers) including Gina Awad, Maxine Linnell, Keith Oliver, Lara Stemberge, Katey Twyford, Cecilia Toole.*

Chair and short presentation: *Dr Alex Osborne, Deputy Head of Policy, Alzheimer's Society*

Presentation: *Graham Galloway, CEO and Ron Coleman, chair of Meeting Centres Scotland, on Scotland's National Dementia Strategy and future plans.* Questions and discussion.

11.30-12.00 Refreshments

## 12.00-13.10 Parallel sessions 1

### **HALL 4** 1.1 Advanced dementia and end of life care

Chair: *Susannah Thwaites, Tees, Esk and Wear Valleys NHSFT*

Developing online learning for Namaste Care. *Nicola Jacobson-Wright, University of Worcester.*

A HUG a day may keep the Dr away. *Stuart Wright, Brunelcare.*

Evaluating the value of Playwork with care home residents living with advanced dementia.

*Chloe Bradwell, Leeds Beckett University.*

What support do staff need when supporting residents living with dementia at the end of life?

*Isabelle Latham and Charli Morgan, Hallmark Care Homes.*

### **ROOM 1** 1.2 Care in acute hospitals and care homes

Chair: *Karen Harrison Denning, Dementia UK*

Nurturing Connections: Utilising the 'Tree of Life' Model on Older Adult Inpatient Wards.

*Georgia Minshull, Mersey Care NHS Foundation Trust*

Sanctuary Square - The healing power of nature in an acute dementia setting. *Abi Sweet, Alive Activities*

OUCH! Digital pain assessment for pain management, reduction of both distress and psychotropic medications. *Alison Butler, CareUK*

Managing eating and drinking changes in dementia: evaluation of a quality improvement programme. *Jeanette Hogg, Lead Admiral Nurse, Hospice Isle of Man and Helen Rossington, Speech and Language Therapist, Manx Care*

### **HALL 5** 1.3 Engagement, support and care

Chair: *Karan Jutlla, University of Wolverhampton*

A series of co-produced tailored engagements to connect with citizens deemed "hard to reach or under-represented". *Versha Sood, Cardiff and Vale Regional Partnership Board, Wales.*

Translating and culturally adapting the WHO's online intervention 'iSupport' for UK South Asian dementia caregivers. *Suman Kurana, University College London.*

An NHS and Voluntary Sector Dementia Partnership – 10 years of service delivery and achievements. *Virginia Wild, Bristol Dementia Wellbeing Service and Lorna Robertson, Alzheimer's Society.*

One Size Doesn't Fit All : Bespoke Learning Disabilities support when living with Dementia. *Nicola Payne, MacIntyre.*

### **DHILLONS** 1.4 Early support: arts and technology

Chair: *Hilary Woodhead, NAPA*

'Bridging the Gap' - Technology Facilitated African & African Caribbean Reminiscence in Dementia Care *Carl Case, Cultural Appropriate Resources.*

Adaptive AI optimised gamification tools fostering improved socialisation with caregivers and people living with dementia. *Bruce Elliott, Memory Lane Games.*

PixtoFlix - an innovative reminiscence project from East Kent. *Jasper Bouverie, Funder Films CIC.*

Meaningful engagement for people living with dementia from Asian communities.

*Victoria Smith, Dementia Pathfinders CIC and artist Jatinder Ghataora.*

13.10-14.10 Lunch and exhibition viewing *Including networking and lunchtime sessions*

### **HALL 4** 13.30-14.00 *Lunchtime session*

**Conscious moves!** *Richard Coaten, dance movement psychotherapist and Maria Pasiecznik Parsons, Creative Dementia Arts Network* invite you to become more aware of your body, relax and smile.

## **HALL 5** PLENARY SESSION

14.10-15.00

### **Tom Kitwood Memorial session**

*Chair: Toby Williamson, independent consultant*

Panel discussion: *Whose reality is foremost? Can lying be used to support personhood?*

A wide-ranging discussion encompassing environmental lies, dolls, toy pets etc.

Short presentation by *Jane Murray, University of Northumbria*

Panel/contributors to include *Ian James, Sally Knocker, Emma Hewat* people living with dementia and family carers.

15.10-16.20 Parallel sessions 2

### **HALL 5** 2.1 CQC and our dementia strategy

*Chair: Isabelle Latham, Hallmark Care Homes*

Presentation and discussion: How can CQC use its role to improve the experience of using health and social care services for people living with dementia and their carers?

*Mary Cridge, Director of Adult Social Care and colleagues, Care Quality Commission.*

### **ROOM 1** 2.2 Communities and all ages

*Chair: Joanna Marshall, Tees, Esk and Wear Valleys NHSFT*

Educating young people on dementia and its impact, enabling future changes in attitude.

*Sally Townsend, Community Development Coordinator for Schools, Bristol Dementia Wellbeing Service.*

Silver Pride: a celebration and challenge - an older adult specific LGBTQ event. *Arlene Bunton, Independent Sector Lead, Scottish Care.*

Development and Evaluation of Living Well with Dementia workshops - Bromley Memory Service. *Reinhard Guss, Oxleas NHS FT.*

Attitudes to brain health and dementia amongst the Chinese population living in the UK. *Jennifer Lim, University of Wolverhampton.*

### **HALL 4** 2.3 Young onset dementia, and young people

*Chair: John Ramsay, Social-Ability*

Improving social care for people with young onset dementia: the DYNAMIC study. *Jan Oyeboode, University of Bradford and Elaine Daniels, Expert by Experience.*

What is it like for a child to have a parent with dementia? *Izzy Carlin, University of Liverpool / MerseyCare NHS.*

Together Stronger: a multi-agency initiative to bring together children and young people who have parents with YoD. *Arlene Astell, University of Northumbria.*

iSupport for Young People – working together to raise awareness and improve the support available to young people who live in families affected by dementia. *Patricia Masterson Algar and Greg Flynn, Bangor University.*

### **DHILLONS** 2.4 University of Worcester Association for Dementia Studies

Symposium: Having your voice in current dementia research

PhD students from the Association for Dementia Studies, will give an overview of their research.

A focus will be on people with lived experience and their carers. The aim is that, at the end of the session, attendees will be given the opportunity to "sign up" to be involved in consultation / discussions / making a contribution to the research study.

*Presenters: Mary Joy Albutt (PTSD in care homes), Rosemary Davies (dementia and counselling), Diane Bushell (connectedness and communication in dementia), John Bosco Tumuhairwe (stigma in Extra Care Housing), Samita Kirve (dementia education provision for Occupational Therapists), Suzanne Mumford (The Care Fit for VIPs framework – what works for whom in what circumstances and why?)*

16.20-16.50 Refreshments and exhibition viewing

## 16.50-18.00 Parallel sessions 3

### **HALL 5** 3.1 Care homes: stress and distress.

Chair: *Ian James, CNTW NHSFT*

Using QI to reduce Inappropriate prescribing of psychoactive medication in Dementia Care. *Katy Jenks, Dementia Care Manager, HC-One.*

Evaluation of assessment and outcome measures for distress in an NHS dementia care homes team. *Olivia Holmes and Reinhard Guss, Oxleas NHS Foundation Trust.*

Followed by discussion, including people living with dementia and family carers, on the terms we use. The latest BPS guidelines on stress/distress use the term 'Behaviour that challenges'. Can we find a better term, acceptable to all? Panel including *Ian James, Esme Moniz Cook, Emma Hewat, Susannah Thwaites, Joanna Marshall.*

### **ROOM 1** 3.2 Carers and families

Symposium: *Crossing the line*

Using the toilet when out and about: personal care considerations for family carers supporting someone with dementia. *Faith Frost, Research Associate and Diane Bushell, PhD student and Expert by Experience, Association for Dementia Studies, University of Worcester.*

Impact of involvement of Experts by Experience in research to support carers in personal care-giving *Tracey Williamson, Betsi Cadwaladr University Health Board.*

Helping someone living with dementia with personal care: Common themes from lived experience. *Thomas Morton, University of Worcester.*

### **HALL 4** 3.3 Home care, homes and community support

Chair: *Lucy Whitman, independent consultant*

How Norway is preparing to care better for those living with dementia. *Jon Slorer, Chief Product Officer, Sensio.*

Living alone with dementia: managing without informal support to contact and navigate services. *Jenni Brooks, Sheffield Hallam University.*

Impacts of policy on the homes of those living with dementia and their carers. *Katie Betteridge, London South Bank University.*

Developing an easy-read version of the ASCOT (Adult Social Care Outcomes Toolkit) for older adults accessing social care. *Rasa Mikelyte, University of Kent.*

### **DHILLONS** 3.4 Alzheimer's Society session

Symposium: *Evidence-informed dementia training for the social care workforce*

Alzheimer's Society funded Centre of Excellence, NIDUS: How has this research influenced policy and practice?

- NIDUS-Family implementation trial and Alzheimer's Society involvement
- NIDUS-Professional included as best practice example in a new report: Because we're human too: Why dementia training for care workers matters, and how to deliver it.

Hospitalisation: Taking a Service Design approach to Hospital Dementia Advisers

*Lindsey Jarrett, Service Designer and Bronte Heath, Senior Research Evidence Officer, Alzheimer's Society.*

**18.00 Wine reception** – in partnership with **Daily Sparkle.**

## Wednesday 27 November

### Early bird (concurrent) workshops 8.45-9.45

#### **HALL 5** 8.45-9.45 EB1 Psychological therapies – two presentations:

WELLDDEM: Feasibility of a Positive Psychotherapy intervention for people recently diagnosed with dementia. *Arlene Astell, University of Northumbria*

Multicomponent psychological therapies for delusions and hallucinations.  
*Reinhard Guss, Oxleas NHS FT.*

#### **DHILLONS** 8.45-9.45 EB2 Workshop: Make your own kind of music

*Fiona Pritchard, Colten Care*

#### **HALL 4** 8.45-9.45 EB3 Empathy suits: simulation workshop

*Nicola Taylor, Alive Activities*

*Dune Davies, Bristol Dementia Wellbeing Service*

*Grace Kenway, Brunelcare*

*Emma Cording, Brunelcare.*

#### **ROOM 1** 8.45-9.45 EB4 Workshop:

Creating a new performance of dementia (and life): why environments matter

*Mary Fridley, Reimagining Dementia - A Creative Coalition for Justice*

## PLENARY SESSION

### **HALL 5** 10.00-11.00 am

*Chair: Suzanne Mumford, CareUK*

#### **The NHS England dementia programme**

*Dr Jeremy Isaacs, Consultant Neurologist, St George's Hospital and Kingston Hospital, National Clinical Director for Dementia & Older People's Mental Health, NHS England.*

11.00-11.30 Refreshments and exhibition viewing

### 11.30-12.45 Parallel sessions 4

#### **HALL 4** 4.1 Care homes: Staff development

*Chair: Maureen Cossar, Care Inspectorate Scotland*

Tomorrow's leaders today. *Stuart Wright, Brunelcare.*

The Dementia DOVES Programme. *Tim Forester Morgan, The Dementia Training Company*

Bespoke learning support for social care staff - Adding lightbulb moments to dementia education.

*Beth White, Wellbeing Lead, Christadelphian Care Homes.*

Material Citizenship – Objects as a Superpower. *Kellyn Lee, WISER Health and Social Care.*

#### **HALL 5** 4.2 Care homes: Environment

*Chair: Hilary Woodhead, NAPA*

Dementia-friendly design supporting the wellbeing of people with advanced dementia living in care homes. *Graham Stokes, HC-One.*

HC One's Specialist Dementia Care Community. *Natasha Wilson and Anne-Marie Potter, HC-One*

Creating engaging dementia care environments - how well are we doing? *Sally Knocker, Meaningful Care Matters.*

### **ROOM 1** 4.3 Carers and families

*Chair: Karan Jutlla, University of Wolverhampton*

Understanding neurodiversity in families and care partners: Developing inclusive and accessible information. *Chris Knifton, De Montfort University.*

Caring across cultures: An exploration of the lived experiences of South Asian family carers of people living with dementia in Scotland. *Mohammed Ishaq, University of the West of Scotland.*

Dementia UK's Closer to Home Project. *Sarah Merrill, Dementia UK*

Time Bandits: a coproduced arts club for care home residents living with dementia and pre-teen school children. *Isabelle Latham, Hallmark Care Homes and Judy Seall, family member, teacher and theatre maker.*

### **DHILLONS** 4.4 Alzheimer's Society

Symposium: Product and service innovations

*Michelle Davies, Innovation Product Specialist, Alzheimer's Society* will introduce some of the Society's current and most recent partners of the Accelerator Partnership programme, and lead a discussion on product and service innovations for people living with dementia.

This session will include portfolio partners talking about the challenges, opportunities, and value of working in the dementia innovation space:

*Dr Zeke Steer, Co-founder, and Chief Executive Officer, Milbotix*

*Matt Singleton, Founder and Director, Cognitive Books*

*Sam Rooker, Director, and Co-Founder of Recreo VR.*

12.45-13.45 Lunch and exhibition viewing *Including networking and lunchtime sessions*

### **HALL 4** 13.05-13.35: *Lunchtime session*

Painchek

Understanding how better pain assessment impacts more than just analgesia – discover how care providers are changing lives through better pain management across the UK

In this lunchtime session Suzanne Mumford (CareUK) will outline why better pain assessments impact much more than just a person's comfort. Care providers across the UK have been transforming their care by treating newly identified pain which has resulted in reduced falls, safeguarding incidents, hospital admissions and more. This session will outline these improvements in outcomes from care providers of varying sizes, specialisms and locations across the UK.

### **ROOM 1** 13.05-13.35: *Lunchtime session*

Dementia Community

**Gathering of Dementia Community members over lunch** facilitated by Kate White.

## 13.45-15.00 Parallel sessions 5

### **ROOM 1** 5.1 Care homes: Quality of life.

*Chair: Jennifer Lim, University of Wolverhampton*

Dementia Care Accreditation – of value in improving the quality of dementia care in care homes?

*Suzanne Mumford, Care UK*

UK and US Approaches on Activity and Engagement for people living with dementia.

*Hilary Woodhead, NAPA*

Individual and group-based music therapy provision. *Asa Johnson, Anchor.*

Hope based approaches to support grief and anticipatory grief in residential care.

*Amy Pepper, HC-One.*

### **HALL 4** 5.2 Community support and services

*Chair: Emma Hewat, KYN*

Delivering Post Diagnostic Support in the Chinese Community. *Emma Stafford, Mersey Care NHS Foundation Trust and Xiaoxiao Hou, Trustee, Chinese Wellbeing.*

Evaluation of the Good Life course: a course co-produced with and for people with dementia.

*Irene Donaldson, Expert by experience/Good Life peer-tutor, and Kate Gridley, University of York.*

Ease of access to general practice for people living with dementia. *George Rook,*

*Originally Innovations in Dementia.*

Co-producing and delivering a post-diagnostic educational offer for people with dementia and their families. *Peter Johnson, Age UK Oxfordshire.*

### **HALL 5** 5.3 Question Time

Panel discussion. All questions welcome

*Chair: Toby Williamson, independent consultant*

Panel to include *Dr Jeremy Isaacs, NHS England; Graham Stokes, HC-One, Karan Jutla, University of Wolverhampton, experts by experience including a family carer.*

### **DHILLONS** 5.4 University of Worcester Association for Dementia Studies symposium

What's new for Meeting Centres? Co-produced community-based support for people living with dementia and care partners

In this session we will hear from the Association for Dementia Studies Meeting Centres Team and a range of speakers about new developments and approaches to Meeting Centres and the impact these innovations are having.

*Speakers will include: Sarah Collins (The Damsons Group at the Reed Barn, Peckover House, National Trust); Meeting Centres Scotland; Howard Gordon (Meeting Centres England and developing Meeting Centres in Sheffield); Clementinah Rooke (Integrated Meeting Centres).*

15.00-15.30 Refreshments and exhibition viewing

## 15.30-16.40 Parallel sessions 6

### **HALL 5** 6.1 Care homes: Quality of life.

*Chair: Rachel Thompson, Dementia UK*

Implementing audio playgrounds for agency and creativity in residential care. *Jon Pigrem, University of Sheffield and Fiona Pritchard, Colten Care.*

Care home support for people living with young onset dementia and their families. *Jules Knight and Fran Mada, Dementia UK.*

Veterans Friendly Framework – supporting military veterans with dementia in Care UK care homes. *Sue Ashcroft, CareUK.*

### **ROOM 1** 6.2 Community support

*Chair: Lucy Whitman, independent consultant*

Engaging a broad range of providers through a Dementia-Friendly Communities programme in Hertfordshire. *Greg Windle, University of Hertfordshire.*

Dementia Friendly Guernsey: Becoming a Dementia Friendly Island. *Paul Corcoran, Nurse Specialist, HSC and Julie Bulpitt, Dementia Awareness Coordinator, Dementia Friendly Guernsey.*

The Meeting Place Project: A Group for people with mild dementia in Jersey, Channel Islands. *Daniel Du Heaume, Dementia Jersey.*

Empowering Families Affected by Dementia Through Bespoke Winter Warmer Packs. *Jane Rowley, Trent Dementia Services Development Centre.*

### **DHILLONS** 6.3 Life and adventure

*Chair: David Moore, Hamberley Care Homes*

Cognitive Rehabilitation in the Community. *Justin Mazzotta, Partners in Dementia Ltd.*

Supported Holidays by Dementia Adventure to Improve Wellbeing and Quality of Life. *Manpreet Gill, Dementia Adventure.*

Food Glorious Food: Investigating the benefits and challenges of offering food in community-based support groups. *Thomas Morton, University of Worcester.*

### **HALL 4** 6.4 Relationships and love

*Chair: Sally Knocker, Meaningful Care Matters*

What's Love got to do with it? Love, dementia and participatory arts.

*Georgina Densley, Alive Activities.*

Reminiscence arts: supporting relationships. *Pam Schweitzer, European Reminiscence Network.*

Relationship centred interventions in dementia care informed by attachment theory.

*Kate White, retired psychotherapist and volunteer at Camden Carers.*

16.40 Close